

|   |   |  |
|---|---|--|
| Child's name:   |   | Date of birth:   |
| <b>Feeding</b>  |   |  |
| Breastmilk, Type of Milk, or Formula:   |   | Bottle: Yes <input type="checkbox"/> No <input type="checkbox"/> |
| If child is receiving breastmilk and supply of pumped milk runs out, what do you want staff to do?  |   |  |
| <b>Allergies</b>  |   |  |
| <input type="checkbox"/> No   | <input type="checkbox"/> Yes – Explain: |  |
| Does child have any problems with feedings, such as choking or spitting up?   |   | <input type="checkbox"/> No                                      |
| <input type="checkbox"/> Yes – Explain:   |   |  |
| <b>Foods</b>  |   |  |
| Introduced: See Attached List on page 2.  |   |  |
| <b>Consistency:</b> <input type="checkbox"/> Puree <input type="checkbox"/> Junior <input type="checkbox"/> Table                               |   |  |
| Food Likes:   | Food Dislikes:                          |  |
| <b>Method of Feeding:</b>   |   |  |
| <b>Utensils used:</b> <input type="checkbox"/> Cup <input type="checkbox"/> Fork <input type="checkbox"/> Spoon <input type="checkbox"/> Other: |   |  |
| Explain:  |   |  |

**Feeding Schedules and Updates:**

| Date | Time | Foods | Amount | Time | Foods | Amount |
|------|------|-------|--------|------|-------|--------|
|      |      |       |        |      |       |        |
|      |      |       |        |      |       |        |
|      |      |       |        |      |       |        |
|      |      |       |        |      |       |        |

|           |                     |
|-----------|---------------------|
| Comments: |                     |
| Date:     | Parent's signature: |

**Update as new foods are introduced or changes occur.  
Post in kitchen and activity area.  
All feeding instructions must be retained for 12 months (centers).**

## FOODS LIST

Child's Name: \_\_\_\_\_

**Foods and dates introduced at home:**

### VEGETABLES

| FOOD            | DATE | FOOD           | DATE | FOOD | DATE |
|-----------------|------|----------------|------|------|------|
| Carrots         |      | Squash         |      |      |      |
| Creamed Corn    |      | Potatoes       |      |      |      |
| Creamed Spinach |      | Sweet Potatoes |      |      |      |
| Green Beans     |      |                |      |      |      |
| Peas            |      |                |      |      |      |

### FRUITS

| FOOD             | DATE | FOOD              | DATE | FOOD | DATE |
|------------------|------|-------------------|------|------|------|
| Apple Sauce      |      | Prunes            |      |      |      |
| Bananas          |      | Plums             |      |      |      |
| Peaches          |      | Apple Strawberry  |      |      |      |
| Pears            |      | Banana Strawberry |      |      |      |
| Bananas w/Apples |      | Apricots          |      |      |      |
| Prunes w/Apples  |      |                   |      |      |      |

### MEATS

| FOOD    | DATE | FOOD | DATE | FOOD | DATE |
|---------|------|------|------|------|------|
| Beef    |      | Lamb |      |      |      |
| Chicken |      | Ham  |      |      |      |
| Turkey  |      | Veal |      |      |      |

### MIXED FOODS

| FOOD           | DATE | FOOD           | DATE | FOOD | DATE |
|----------------|------|----------------|------|------|------|
| Veg/Ham        |      | Mixed Turkey   |      |      |      |
| Veg/Bacon      |      | Chicken Noodle |      |      |      |
| Veg/Turkey     |      | Lasagna        |      |      |      |
| Apples/Turkey  |      | Spaghetti      |      |      |      |
| Apples/Chicken |      | Veg/Pasta      |      |      |      |
| Pears/Chicken  |      |                |      |      |      |

### CEREALS

| FOOD    | DATE | FOOD | DATE | FOOD | DATE |
|---------|------|------|------|------|------|
| Rice    |      |      |      |      |      |
| Oatmeal |      |      |      |      |      |
| Mixed   |      |      |      |      |      |
|         |      |      |      |      |      |

**COMMENTS and Additional Information:**

DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

**All feeding instructions must be retained for 12 months.**