

## INFANT FEEDING INSTRUCTIONS

Student's Name:	Date of Birth:
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### MILK INFORMATION

Breastmilk <input type="checkbox"/> Formula <input type="checkbox"/> Other Type of Milk <input type="checkbox"/> : _____ <i>Please complete feeding schedule below.</i>	Bottle: <input type="checkbox"/> Sippy Cup: <input type="checkbox"/> Other: <input type="checkbox"/> _____
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If child is receiving breastmilk and supply of pumped milk run out, what action do you want our staff to take?

### ALLERGIES?

No  Yes  If Yes, please explain:

Does child have any problems with feedings, such as choking or spitting up? No  Yes  If Yes, please explain:

### FOODS APPROVED TO SERVE

*See reverse for Introduced Foods Checklist*

Preference on foods and consistency (Check all that apply): Milk Only  Milk & Solid Foods

SOLIDS: Puree  Milk and Junior Foods  Milk & Table Foods (Cafeteria)  *Please complete feeding schedule below.*

Gerber Puffs: Yes  No  Gerber Lil Crunchies: Yes  No  Gerber Yogurt Melts: Yes  No

### METHOD OF FEEDING SOLIDS

Utensils used: Cup  Fork  Spoon  Other :

### FEEDING SCHEDULES AND UPDATES

	TIME/FOOD/AMOUNT	TIME/FOOD/AMOUNT	TIME/FOOD/AMOUNT	TIME/FOOD/AMOUNT
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
<i>Example:</i>	<i>6AM labeled bottle</i>	<i>9AM labeled bottle</i>	<i>12PM baby food provided</i>	<i>3PM labeled bottle.</i>

Comments:

Parent/Guardian's Signature:	Date:
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**Update as new foods are introduced or as changes occur. Posted in kitchen and classroom.  
All feeding instructions must be retained for 12 months.**

Child's Name:

**FOOD INTRODUCED AT HOME CHECKLIST**

**VEGETABLES**

FOOD	DATE	FOOD	DATE	FOOD	DATE
Carrots		Sweet Potatoes		Broccoli	
Peas		Creamed Corn		Zucchini	
Butternut Squash		Potatoes		Beets	
Pumpkin		Green Beans			
Yellow Squash		Creamed Spinach			

**FRUITS**

FOOD	DATE	FOOD	DATE	FOOD	DATE
Apples		Prunes		Avocados	
Bananas		Plums		Apple Sauce	
Peaches		Strawberries			
Pears		Bananas			
Bananas w/Apples		Apricots			

**MEATS/PROTEINS**

FOOD	DATE	FOOD	DATE	FOOD	DATE
Beef		Pork		Tofu, mashed	
Chicken		Veal		Fish, mashed	
Turkey		Black Beans		Cooked Egg	
Lamb		Chickpeas			

**OTHER FOODS**

FOOD	DATE	FOOD	DATE	FOOD	DATE
Vegetables w/Ham		Mixed Turkey		Yogurt	
Vegetable/Bacon		Chicken Noodle		Cottage Cheese	
Vegetable/Turkey		Lasagna		Peanut butter	
Apples/Turkey		Spaghetti		Quinoa	
Apples/Chicken		Vegetable/Pasta			
Pears/Chicken		Brown Rice			

**CEREAL**

**COMMENTS AND ANY ADDITIONAL INFORMATION:**

FOOD	DATE
Rice Cereal	
Oatmeal Cereal	
Mixed Cereal	